

## When is it Safe to Give Your Infant a Baby Pillow?

New mothers are generally aware that giving a baby pillow to a newborn is not something you should do. Pillows and blankets can be dangerous for very young infants, are better kept aside for times when Mom can keep an eye out. But in the desire to keep their baby safe, many moms avoid giving their child a baby pillow for longer than is really necessary.

After your infant reaches a certain age, it is safe for you to give them a baby pillow... and will make them a lot more comfortable. Most pediatricians say that an infant can start using a baby pillow starting at one year old, when he or she is more mobile. While you can wait several years to give your child a pillow if you choose, giving him or her one earlier on is a great way to have your one year old (or older) baby sleep through the night. Why? Because an appropriately sized and shaped baby pillow can really help a baby to be more comfortable, and also help them to breathe more easily during the night.

### A Baby Pillow for an Older Infant

The truth is, a toddler or older baby will be more comfortable and sleep better using a baby pillow than without one. But even if the pediatrician has given you a green light to give your child a baby pillow, that does not mean that any type of pillow is a good choice. There are still safety concerns to keep in mind, and adult sized (or even child sized) pillows can be dangerous. Though a toddler is more mobile than a newborn, he or she can still be smothered by a large pillow.

So of course shopping for the right type of baby pillow for your baby is very important. In addition to being somewhat dangerous, adult sized pillows are just not comfortable for a toddler. A baby pillow, though, is perfectly proportioned to a young child's head and neck. With toddler sized dimensions, only twelve inches by sixteen inches, a baby pillow supports your child in just the same way an adult pillow supports an adult, but geared towards the angles and dimensions which are comfortable for a baby.

If you are looking to purchase a baby pillow for your older infant or toddler, there are a few more things you should keep in mind. For one, it is a good idea to choose a baby pillow that is hypoallergenic. A hypoallergenic pillow will reduce the amount of allergens your child is exposed to as he or she sleeps, and will usually be of the highest quality. In addition, you should also look into buying a baby pillow with an easy to clean fabric. While a baby pillow with a plastic layer will be the simplest type to clean, the plastic layering may make your child feel overheated. Your best choice is a pillow with a high quality, long lasting fabric that is breathable, but easily wipes clean .

## About the Author

Read more about [great](#), click [babysleeppillow.dad47.com](http://babysleeppillow.dad47.com).

Source: <http://greatreads4.com>