

Safety And Use Of A Baby Pillow

Many baby pillows with various types of design and decoration are available at stores and craft shows. These lovely creations are tempting for new parents or someone shopping for a unique baby gift to purchase. Before doing so, the safety of a baby pillow should be considered. Before anyone decides to use a baby pillow in the crib with a small baby, there is some frightening information that should be known.

SIDS, or Sudden Infant Death Syndrome, is said to be the leading killer of babies between the ages of one to twelve months in the United States. In 1992 the American Academy of Pediatrics (AAP) recommended that babies be placed in a non prone position to sleep, as a result of findings in other countries. As a result of the recommendation from the AAP, the Back To Sleep initiative was started in 1994 through the leadership of several national agencies. Following this, various studies and surveys were conducted to evaluate the relevance of this change on the occurrence of SIDS. These studies showed the rate of SIDS decreased by 50%, but other related factors were also discovered. In 2005, an AAP task force released a new statement, which included several recommendations. Primarily, the non prone position was changed to a recommendation of a back only position. Included in the recommendations was a clearly defined list of items to place in the crib: a firm mattress, a fitted sheet, and the baby. If a bumper pad is used it must not be a loose, fluffy type. There should be no baby pillow, stuffed toys, etc. in the crib with the infant. In response to increased incidence of flat head syndrome, alternate methods of prevention were advised. The AAP felt the use of alternate positioning or a baby pillow were not worth risking SIDS.

The baby pillow, Baby Sleep Positioner is marketed with acknowledgments of the recommendations made by the AAP. Made of foam, the purpose of this baby pillow is to support the head while keeping the baby positioned on the back. The statement released by the AAP is clear that it does not endorse any specific commercial products. Prior to using the baby pillow sleep positioner, parents should first seek the advice of their Pediatrician to be safe. Find more [Infant pillow](#) ... [Custom baby pillow](#) ... [Pillow form](#) ... " title="Body pillow. Baby pillow soothers">[Baby pillows](#) ... [Infant pillow](#) ...

About the Author

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